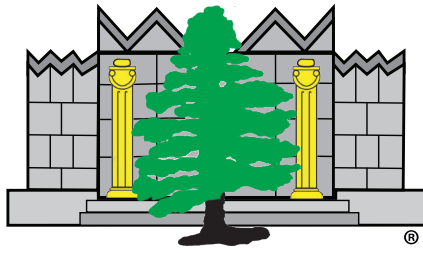


THE CEDAR DIGEST

William W. Martz, Supreme Tall Cedar 2020 & Linda



 **2020** 
FIGHT  **MD**
Share Our Blessings



The Cedar Digest

Fall Winter 2020 Cedar Digest Volume 52 Issue No. 2
a publication of the Supreme Forest Tall Cedars
of Lebanon of N. A.
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Please note: The deadline for the next issue Fall/Winter
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Articles and photographs to be considered for publication
should be sent to the attention of the editorial staff.

We appreciate the many submissions we receive for
consideration. We apologize, but due to space constraints
we are not able to publish every submission we receive.



Contents

3. Officers
8. New Officers
10. Goodwill Ambassador
11. Remember Midwinter 2020
12. Postponed Events
14. MDA News
18. Around the Kingdom
 - Trenton Forest No. 2
 - Seminole Forest No. 193
 - Savannah Forest No. 217
 - Warren Forest No. 14
 - Har-Ce Forest No. 142
 - Pocono Forest No. 124
 - Manchester Road Race
25. DeMolay International
26. Scholarship Application
27. 2020 Cash Giveaway Winners
29. Proposed 2021 Budget
30. 2021 Supreme Forest Officers

View the magazine online!

If you would prefer to receive an electronic version of
the magazine sign up for online at www.TallCedars.org.

Supreme Tall Cedar, William W. Martz, PGTC No. 95

Greetings Fellow Sidonians,

It has been an honor and privilege to serve you as Supreme Tall Cedar. As Linda and I have traveled around the Cedar Kingdom (when possible and safe) this year, we have been warmly welcomed with fellowship and friendship. The hospitality of the Forests will be one of our fondest memories of 2020.

It has been a long year, with both ups and downs. However, I feel blessed even in this year of COVID-19. Our thoughts and prayers continue to go out to those who have been impacted by this terrible disease. It is my hope that we, all of us, working together, have had a positive impact on our fraternity this year. The expressions of brotherhood and fellowship in the mist of chaos was most gratifying.

I would like to thank all of you who have supported the Tall Cedar Foundation this year. A special thanks goes out to Lex Kishbaugh, our Goodwill Ambassador, who is always enthusiastic, in spite of limited travel opportunities this year. Many thanks also go out to James Erlinger, our TCF Chairman for his leadership and organizational skills. If I may, just a reminder that there is still time to purchase a 2020 MDA bear. (The design is great this year, if I don't mind saying so myself.) Finally, thank yourselves for your support of the Tall Cedar Foundation; your donations for neuromuscular research are really making a difference!

I offer best wishes to Eric Becker, incoming STC, as he deals with leading our fraternity in the mist of the continuing health crisis. No one knows the future, but I sincerely hope that Joe Russell and Dave Manter can fulfill their roles in a more normal world. All three of these men are well qualified to lead our organization for the next three years.

To each of the Officers, Directors, Trustees, committeemen, and members, I offer thanks for your help and support. I would also like to thank Karen Wenrich, our office assistant, for the many tasks I added to her agenda during the year.

I would like to thank my 2020 Committee: Don and Elaine Erb, John and Brenda Merson, Lynn Stahle and Tammy Kendall, Jim and Martha Walmer, and Charlie and Barbara Ware. They have supported me for the last three years with loyalty and dedication. I would also like to thank Hagerstown Forest No. 95, District 21, and Region 3 for their aid and support this year. Special thanks go out to Barry and Suzanne Sheaffer, my Mid-Winter Conference co-chairs. As anybody who was there will attest, it was a special weekend.

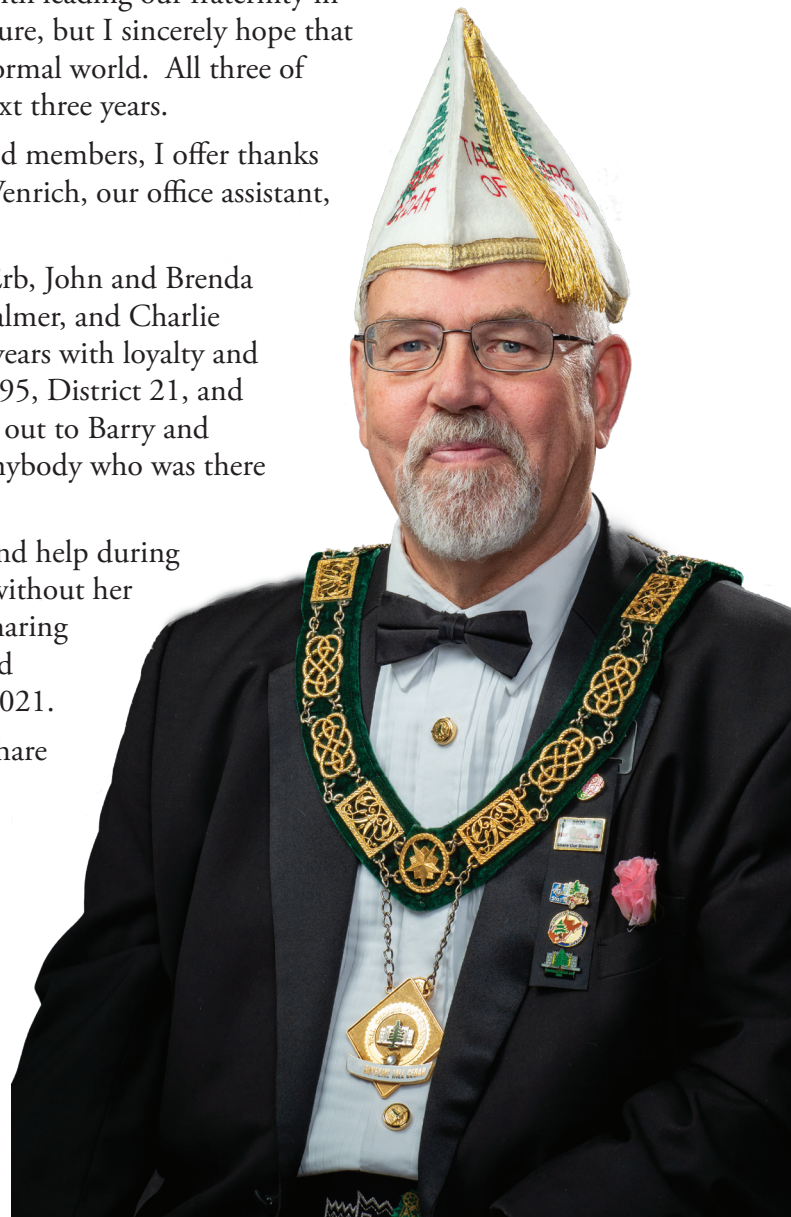
Finally, I would like to thank my wife Linda, for her support and help during the last ten years. This journey would not have been possible without her assistance. As we enter the holiday season, I look forward to sharing time with family and friends. May we all find peace, safety, and contentment as we say goodbye to 2020 and look forward to 2021.

May God bless each of you and our Cedar Kingdom. Please Share Our Blessings!

Cedarly and Fraternally,

William W. Martz

STC 2020



We are all blessed in many ways. We have an obligation to pass these blessings on to others.

Senior Deputy Supreme Tall Cedar, J. Eric Becker, PGTC No. 13

Greetings Tall Cedars, Cedarettes and Friends of Cedarism.

I hope you and your family are safe and healthy. This has been a very difficult year, hopefully next year will be better for everyone. I wish you a Merry Christmas and Happy New Year.

Eric Becker
Senior Deputy STC



Junior Deputy Supreme Tall Cedar, Joseph Russell , PGTC No. 212

Fellow Cedar Kingdom,

As I write this, I hope that you and your families are staying safe and healthy. Please know that each and every one of you are in my thoughts and prayers.

I cannot believe that the year is almost over. As we all know, 2020 has proven to be a very challenging year. With the COVID-19 pandemic upon us forcing us to cancel the Annual Convention for the first time, cancel Forest meetings and events, and Midwinter 2021, I can only hope and pray a vaccine is found soon so that we may again safely fellowship together in person.

It is great to see our membership checking in on each other through phone calls, emails, and social media. Video conferencing has also become an important tool. I am happy to see the constituent Forests using these platforms for fellowship, open meetings, and I ask that you remember to invite your elected Supreme Forest Officers as we would like to join in on the fellowship with each Forest as best we can. Congratulations to all of the officers elected for 2021.

There are some exciting things happening in the Kingdom, and I truly believe that Cedarism has a bright future in North America. With the help of every member we can get through these difficult times together, growing stronger and larger from it.

Finally, I am challenging every member to “Let Your Light Shine” during these difficult times as you are able to. Not only continue to keep in contact with and help your family members, fellow Cedars, Cedarettes, Brothers, and Sisters, but do not forget about your friends and neighbors. Reach out to those in need and show them the love and fellowship we have and enjoy as Tall Cedars.

I wish you all a Merry Christmas and a Happy New Year!

Joseph S Russell, Junior Deputy STC



Supreme Scribe, Robert T. Hahn, GTC No. 61

Brother Cedars,

I hope that you and your family are safe and healthy.

We had a few setbacks, during this challenging year, because of the COVID-19 pandemic. Many Tall Cedar events and activities throughout the Cedar Kingdom were canceled or postponed. Hopefully things will get back to normal soon.

Many Forests had meetings using Zoom. I enjoyed the ones I attended, they did a good job.

The new online area for the Forest Scribes to get the necessary forms is slow in coming. We have redesigned some of the forms to make it easier. I had planned to have a Scribes training session at the Midwinter Conference to explain the new forms, unfortunately Midwinter was canceled.

Robert T. Hahn, GTC
Supreme Scribe



Supreme Treasurer, Brian K. Van Scyoc, PGTC No. 145

Fraternal Greeting Brothers,

This time it is a quick note from the desk of the Supreme Treasurer.

First I pray that this edition of The Cedar Digest finds you and your family safe during these difficult times. During these times the Supreme office has continued to function in a modified way and we are hopeful that it will return to normal in the coming year.

I would like to wish you all a safe and happy Holiday season.

Brian K. Van Scyoc, PGTC, Supreme Treasurer



Cedars, let's review the Psalms of the Bible.

The meaning of the word "psalm" is praise. The Book of Psalms contains 150 poems of praise to God. It is the longest book in the Bible. King David wrote many of the psalms and set them to music. The Israelites sang these songs when they worshipped the Lord. People love the psalms today because they help us celebrate God and His goodness.

The Psalms are a wonderful way to capture the reality of our human experience. Psalms will express the common experience of our human race.

Psalms are composed by numerous authors; the various psalms express the emotions, personal feelings, attitudes, gratitude, and interests of the average individual. Universally, people have identified their lot in life with that of the psalmists.

In every experience of our own, no matter how deep the pain or how great the frustration or how exhilarating the joy we can find psalms which echo our inmost being, psalms which God uses to bring comfort or to confirm release.

An example of one of the Psalms is ...

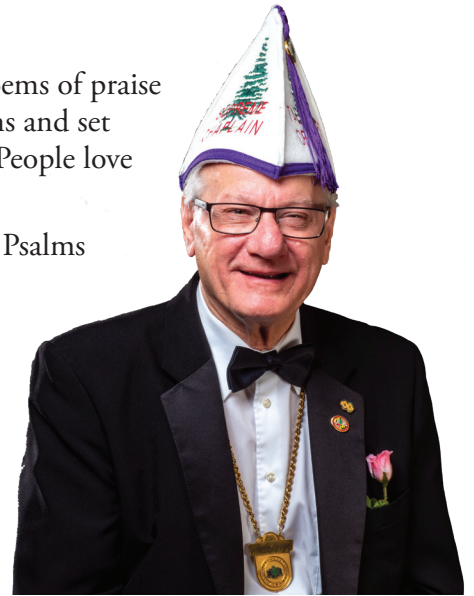
Make a joyful noise unto the Lord, all ye lands. Serve the Lord with gladness; come before His presence with singing. Know ye that the Lord He is God; it is He that hath made us, and not we ourselves. We are His people and the sheep of His pasture. Psalm 100: 1-3

So as you can see, the psalms certainly do speak to us in one way or another.

Fellow Sidonians, we as Tall Cedars need to share the message in all our communities of life. After all, we have a great story to tell the public. We also need to share our relationship with the Muscular Dystrophy Association because it is the charitable cause of our fraternity and the reason we can make a difference in people's lives.

Until we meet again Cedars, continue with fun, frolic, and fellowship.

Rev. Richard M. Barner, Supreme Chaplain





Hi there, to all Brothers and Cedars and you family and friends,

Wow what a year! I pray each of you have survived the pandemic of the COVID-19 virus. I know some have had it and survived and some have not. The Tall Cedars and MDA have survived and most importantly (as far as I know) our MDA kids. Hopefully a vaccine is with our grasp to end this dark ten months.

I once again appeal to you all to dig deeper and make donations to our charity of MDA research. That disease has not let up either. So, we cannot let up either! As I have asked in an earlier request to please use some of the money of your budget not used in travel, dining, and motels to donate some of it to MDA. As we break out of the grasp of the virus hopefully, we can resume fundraising efforts such as Dinners, Roses, Bears, and Muscle Walks. We just received a shipment of “Adoptable Bears” for the 2021 year. Get ready!

Where does our monetary fundraising go? Here’s a brief article from the MDA website.

“To date, MDA-sponsored research has led to the development of seven FDA approved therapies including Rilutek® for ALS, Myozyme® for Pompe disease, Keveyis® for periodic paralysis, Spinraza® for spinal muscular atrophy (SMA), and Exondys 51®,

Emflaza®, and Vyondys 53® for Duchenne muscular dystrophy (DMD). MDA also funded the first gene therapy trial for any form of muscular dystrophy in 1999 and the first vector-based gene therapy trial for DMD in 2006. All three gene therapies in clinical testing for Duchenne in the US now are based on strategies developed with MDA funding. In 2019, MDA was awarded the Sonia Skarlatos Public Service Award by the American Society for Cell and Gene Therapy for its work in advancing gene therapy. Even where no “cure” is available yet, MDA research has resulted in better treatments that result in increased survival and better quality of life.

MDA funding also facilitates the careers of bright young scientists through its Development Grants program. To ensure the long-term success of neuromuscular research, this program funds the best and brightest young researchers to become future neuromuscular disease scientists and clinicians. These grants pair exceptional mentors with promising grantees to ensure high-quality training in neuromuscular disease research. To date, MDA has helped train more than 2,000 young scientists.”

Thank You For Your Time And Commitment!

James C. Erlinger, PGTC, Tall Cedars Foundation Chairman

Meet the New Officers



Supreme Tall Cedar J. Eric Becker, PGTC No. 13

Eric has been Grand Tall Cedar of Hunterdon County Forest No. 13 in 2008, 2010, and 2013 and am still a trustee. I have also been District Deputy for District No. 8 in 2010, 2011, 2012, and 2017. I was also District Deputy for District No. 6 in 2012 and 2013. I was District Deputy of the year in 2012. I was Foundation Trustee in 2012 and 2013. I was Supreme Director for Region No. 5 in 2014 2015 and 2016.



Senior Deputy Supreme Tall Cedar Joseph S. Russell, PGTC No. 212

Joe is a Life Member of the Tall Cedar Foundation, a Charter Life Member and Past Grand Tall Cedar of Harry S Truman Forest No.212 in Kansas City, Missouri, and a dual member of Mark Twain Forest No. 202 in St. Louis, Missouri. He was appointed District Deputy Supreme Tall Cedar for District No. 17 in 2015, appointed as Supreme Director of Region 10 in 2016, elected and served the kingdom in that same position for one term (2017-2019). Joe was recognized and awarded the Grand Tall Cedar of the Year Award for 2015 and was the 2018 John S. Broughton Award recipient.



Junior Deputy Supreme Tall Cedar David W. Manter, Sr., PGTC No. 124

Dave's journey in Cedarism began in 2005. Served as Grand Tall Cedar of Pocono Forest No. 124 in 2011 and again in 2015. In 2012 and 2013, Served as Scribe for our Forest. I am also a Key Club Member. A Past President of District 8 OPO having served in 2015 and Served as the Secretary Treasurer from 2015-2018. Served as the Regional Director of Region 5 from 2017 through the spring of 2019. Served on the Convention Committee, the Credentials Committee, the Midwinter Conference and the Parade Features in 2014 - 2017. Currently serving as the Secretary for the Tall Cedar Foundation.

New Supreme Directors



Region No. 3

James O. Walmer, PGTC Forest No. 43



Region No. 9

B. Christy Blaine, Jr., Forest PGTC No. 217



Region No. 4

Steven L. Gee, PGTC Forest No. 210



Region No. 10

James R. Marion, PGTC Forest No. 209



Region No. 5

Paul L. Wolf, PGTC Forest No. 14

2020 Tall Cedars of Lebanon Goodwill Ambassador



I would like to thank Lex and his family for serving as our Goodwill Ambassador. It has been a difficult year to be out and about, we appreciate your support. We wish you and your family well in the coming year.

To request Lex's attendance at a Forest function, contact:

Brian Hoffman, PGTC No. 30 96 Chinquapin Trail, Delta, PA 17314

Cell: 717-887-1133 or Email: bhoffman@bcps.k12.md.us



2021 Midwinter Conference

After much consideration and with the utmost regard for the health and well-being of our membership, we have made the difficult decision to cancel the 2021 Midwinter Conference. This has truly been an unprecedented year and the cancellations of our annual gatherings have been disappointing for us all. We hope the passage of time will bring the pandemic under control and we can all look forward to being together again at Convention in May, 2021. Convention details will be provided in the future which will include a new format to include the Installation of Officers.

Evergreen Forest No. 49

TALL CEDARS

100th.

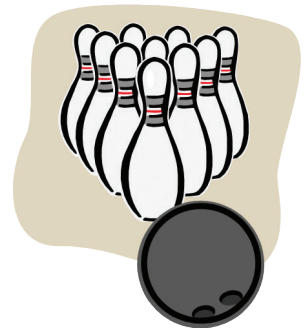
ANNIVERSARY CELEBRATION

Postponed Till ????????

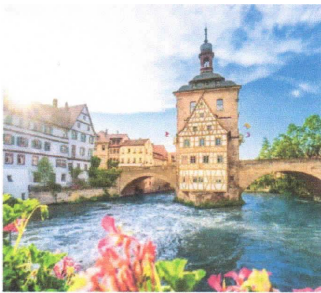
59th Annual Supreme Forest Bowling Tournament

59th Annual
Supreme Forest Bowling Tournament

Posponed Until 2021



Supreme Tall Cedar 2020 Cruise



SUPREME TALL CEDAR'S GROUP CRUISE

Bill and Linda Martz cordially invite you to visit cathedrals and castles with them while exploring the Rhine River onboard Viking's newest longship, the Viking Ullur. This 8-day Rhine Getaway with its medieval towns, grand cathedrals, and spectacular scenery, is no wonder why the Rhine is one of Europe's best loved rivers.

**Posponed
Until 2021**

RHINE GETAWAY

From Amsterdam • 8 days from \$2,874 per person

Price includes:

- Private Tall Cedars group welcome cocktail reception
- Complimentary welcome bottle of wine in your stateroom
- Complimentary beer, wine and soda at lunch and dinner
- Complimentary tours available at each port of call
- Complimentary airport transfers if booking via Viking air
- Hosted by Nancy & Bill Shirey

Grand Lodge of Delaware

Ancient Free & Accepted Masons

Established June 6, 1806

41st. Annual Brotherhood Night

Friday – March 19, 2021

Location: **NUR Shrine Center**

198 S. DuPont Highway
New Castle, DE 19720-4149

Social Hour: **5:30 p m**

Dinner: **6:30 p m**

Ticket Cost: \$ 40.00 ea.

Need a Final Head count by no later than March 10, 2020

Tickets available by sending check made out to:

Grand Lodge of Delaware

Mailed to:

Richard “Dick” Feeser

11311 Marina Drive, # 49

Berlin, MD 21811-9220

dfeeser@cbmove.com

410-430-2420 (*day or evening*)

Cancelled



NEWS, RESEARCH

FDA Approves NS Pharma's Viltepso for Treatment of DMD Amenable to Exon 53 Skipping

Today, the US Food and Drug Administration (FDA) granted accelerated approval to viltolarsen (Viltepso) for the treatment of [Duchenne muscular dystrophy \(DMD\)](#) in patients amenable to skipping exon 53. It is the third exon-skipping, disease-modifying drug to treat DMD, the most common childhood form of muscular dystrophy. The drug is administered by intravenous infusion. Viltepso will be made available in the United States and marketed by NS Pharma.

In September 2016, the approval of eteplirsen (marketed by Sarepta as Exondys 51) marked a watershed moment for treating neuromuscular diseases with gene-targeting therapies such as exon skipping. Approval in December 2019 of Vyondys 53, another exon-skipping drug designed to treat a different subset of DMD individuals than those who qualify for Exondys 51,

was another significant step forward in the development of therapies for DMD — and all neuromuscular diseases — that target the root cause of the disease. With the current approval, Viltepso joins Vyondys 53 as a targeted treatment available to patients with DMD amenable to exon 53 skipping.

“The approval of Viltepso provides another option for patients with Duchenne, a disease that, up until a few years ago, had no approved therapies,” says MDA’s Executive Vice President and Chief Research Officer Sharon Hesterlee, PhD. “It adds to the arsenal of gene-targeting therapies, and it may spur the development of more disease-modifying therapies to treat other neuromuscular diseases as the promise of effective genetic medicines comes to reality through the commitment of researchers and families.”

DMD is caused by mutations in the dystrophin gene (*DMD*) on the X chromosome that result in little or no production of dystrophin, a protein essential to keeping muscle cells intact. Viltepso is called an “exon-skipping” drug in that it is designed to target and promote skipping over a section of genetic code in order to avoid the gene mutation and produce more of the dystrophin protein. It is estimated that up to 8% of patients with DMD have mutations amenable to treatment with Viltepso. Although treatment with Viltepso will not cure DMD, it could slow progression of the disease, which, in turn, could extend the length of time individuals with DMD could walk, eat independently, and breathe without assistance.

Clinical trials support approval of Viltepso

Viltepso was evaluated in two clinical studies with a total of 32 male patients with genetically confirmed DMD. The most common side effects observed during the two clinical studies were upper respiratory tract infection, injection site reaction, cough, and fever.

The FDA based its decision to grant accelerated approval to Viltepso on the positive results of the phase 2 study to assess safety, tolerability, and dose, followed by a 20-week open-label treatment period, in 16 ambulant boys (ages 4-9) with DMD amenable to skipping exon 53.

At the end of the phase 2 study, treatment with Viltepso was associated with significant increases in dystrophin levels, seen in patients as young as 4 years old and after six months or fewer of treatment. Additional secondary outcomes included gross motor skill assessment using timed function tests and quantitative muscle testing. All patients receiving Viltepso

showed significant improvements in timed function tests at the 25-week visit. Consistent with the FDA's accelerated approval pathway, the continued approval of Viltepso may be contingent on confirmation of a clinical benefit in a post-marketing confirmatory trial (RACER53), which is currently enrolling and expected to conclude by 2024.

In March 2020, viltolarsen was approved in Japan for the treatment of patients with DMD amenable to skipping exon 53.

About NS Support

NS Support is a patient support program designed to provide patients with information to help navigate the process of starting and staying on therapy. NS Support can be reached by telephone at 833-677-8778, Monday through Friday from 8 a.m. to 8 p.m. ET. Caregivers and healthcare providers can call to learn more information about NS Support and request notifications about product availability and program enrollment.

MDA's Resource Center provides support, guidance, and resources for patients and families, including information about the approval of Viltepso, open clinical trials, and other services. Contact the MDA Resource Center at 1-833-ASK-MDA1 or ResourceCenter@mdausa.org.

About Viltepso

Viltepso uses NS Pharma's exon-skipping technology to target exon 53 of the *DMD* gene. Exon skipping is a treatment strategy in which sections of genetic code are "skipped" (spliced out, or left out) during the protein manufacturing process, allowing cells to create shortened but partially functional dystrophin protein, the muscle protein missing in DMD. Exon skipping is not a cure for DMD but potentially could lessen the severe muscle weakness and atrophy that is the hallmark of the disease.

Just as individuals with DMD caused by a mutation that would be amenable to skipping exon 51 could benefit from treatment with Exondys 51, those with DMD caused by a mutation that would be impacted by skipping exon 53 could benefit from treatment with Vyondys 53, and now the newly approved Viltepso.

The FDA's decision to approve Viltepso highlights the importance of years of commitment to supporting and funding breakthrough research by MDA and others into gene identification and

unlocking the cause of DMD. MDA-supported research has been central to the development of the exon-skipping approach behind Exondys 51, Vyondys 53, and Viltepso from the beginning, having funded foundational work upon which the strategy was built as well as extensive research into the strategy since that time. Laboratory development of exon-skipping therapies began in the 1990s, including notably with MDA-funded work by Steve Wilton, PhD, and colleagues. Their work led to the invention of what would later become Exondys 51, Vyondys 53, and Viltepso.

Since its inception, MDA has committed more than \$218 million to DMD and Becker muscular dystrophy research and more than \$1 billion across the spectrum of neuromuscular diseases.

To learn more about the approval, read the company's [press release](#). For information about the RACER53 clinical trial, visit ClinicalTrials.gov and enter "NCT04060199" into the search box.

The Wearing of The Rose

or

How To Sell Tall Cedarism Without Really Trying!

We all know that the Rose Program has been the biggest fundraising program in the history of the Tall Cedar Foundation and that the wearing of the Rose is a means of reminding our brother Tall Cedars of our ongoing effort to combat that terrible disease.

But, did you know that the wearing of the Rose is also an excellent and effortless means of selling Tall Cedarism to our brother Master Masons? That's right! Try a little experiment. Wear one of the pink roses to your Lodge meeting and/or any Masonic gathering and see how many of your brother Master Masons come up to you and ask about the rose. You just might be surprised.

You have the perfect opening to tell them all about Tall Cedarism and then hand them a petition. Without lifting a finger, they have come to you and given you the opportunity to sell our great fraternity or to "sell Tall Cedarism without really trying."

If it works for you, then encourage your officers and members to do the same thing and, who knows, you just might gain a mob of new workmen for your Forest.

Try it, you'll like it!

Around the Kingdom, Trenton Forest No. 4



Trenton Forest No, 4 officers for 2021

Around the Kingdom, Seminole Forest No. 193



Brothers Robert Brian Cook and Charles R. Stephenson flew from Dallas, Texas to Orlando, Florida for the purpose of being initiated as members of Seminole Forest No. 193 in Deland, Florida. They received both Tall Cedar Degrees and returned to their homes in Richardson, Texas on the same day! Great job by A.J. Morganelli, and his Officers. Five members of Tamiami Forest No. 205 attended this event including the Grand Tall Cedar James Jobe, Senior Deputy, Gerald Pokorny, Scribe, Bill Bond, Foundation Director No. 8, Art Pokorny, and Supreme Director Region 8, Irvin R. Hopkins.



Celebrating Twenty-Five Years.

Seminole Forest No. 193 celebrated their twenty-fifth anniversary on November 14, 2020. PSTC Michael J. Hlatke III chartered the Forest on November 25, 1995.

Special guest for the celebration was the Supreme Tall Cedar Bill Martz. During his visit, he installed the incoming Officers of the Forest for 2021. The Supreme Tall Cedar presented the Ladies in attendance some small gifts; he spoke of the Covid-19 virus and the necessity of social distancing and using facemasks to help slow down the virus, and he invited the craft to attend the annual Convention to see their Supreme Forest in action. After the Installation, he served as chief judge for the Forest's First Annual Chili Cook Off competition.

Though the competition was stiff, A.J. Morganelli, the Grand Tall Cedar had his chili proclaimed the top entry and he was the recipient of a beautiful Waterford style cut glass bowl, which was immediately named the "CHILI BOWL". This was the first competition and it was decided by the Forest to hold this as an annual affair in November when the weather cools down enough in Florida to enjoy a good bowl of chili.

Around the Kingdom, Savannah Forest No. 217



Newly Installed Officers For 2021

Left to Right, Guide-Randy Waters, Trustee-Bill Shepard, SDGTC-Jimmy Stevens, GTC-Darrell Reese, Region Secretary C. Blaine, Trustee-Bob Brooks, JDGTC-Robert Gill, Preceptor-Robert Coursey, Mike Nichols, Treasurer/Secretary-Clyde Griffin, Missing in photo Trustee - Richard Bailey and Chaplain Don Combs.

Around the Kingdom, Warren Forest No. 14



R.D No. 5 PGTC Paul Wolf, PGTC Michael Unangst, PGTC Robert Hill, GTC James Cronic, PGTC PFT Sully Morgan, JTC Bradley Crine PGTC Lance Vannatta Jr.

Warren Forest 14 recently held a Turkey Shoot fund raiser, which was conducted by the Forest's MDA Chairman Sully Morgan. Noting the difficulty of fund raising this year Bro. Morgan arranged the Turkey Shoot fund raiser which raised approximately \$1,100 after expenses.

Things we could not do because of Covid 19

No Convention



No Rose Sales



PGTC Sully Morgan meeting with MDA staff in Allentown



Horse Show Sussex, NJ

This says it all.

THE ÆGIS

Havre de Grace Elks Lodge keeps veterans warm

Havre de Grace Elks Lodge 1564 recently honored area Veterans and Lodge Members Ross Allen and Francis "Corky" Barton with individual "Quilts of Honor," as part of the Elks mission to support our veterans.

Barton is a Korean War veteran and Allen a Vietnam War veteran.

The quilts were presented at dinners held at the lodge, on Route 40, in Havre de Grace.

The Quilts of Honor were handmade by "The Lodge Quilters" — Becky Adams, Patty Bromka and Donna Minton.

According to incoming Lodge ER John Adams, the Quilts "represent the 'heartfelt thank you' that we feel for our Vets as Elks members. When they take an afternoon nap, watch TV or when reading, we hope those quilts convey how we feel as Elks and how we feel as a nation."

Established in 1868, the Order of Elks retains the same mission it adopted in 1917, at the height World War I, to provide aid and comfort to any veteran.

The Havre de Grace Elks Lodge was founded over 90 years ago, on July 11, 1929.



Havre de Grace Elks Lodge Quilter Pat Bromley, left, presents Vietnam veteran Ross Allen "Quilts of Honor" that Bromley made.

Ross and Diane Allen, members of Har-Ce Forest No. 142, were recently presented a beautiful quilt by the Elks Lodge in Havre de Grace.

Ross and Diane are also members of Victory Chapter No. 40 and Havre de Grace Chapter No. 28 Order of the Eastern Star.

Ross and Diane are faithful members of the fraternal family.



Our newest saplings

Left to right Uncle Evan Price, Gideon Smith, Tucker Kresge and PGTC Dave Manter.

The boys became junior members of Pocono Forest after the Memorial Degree in the Woods was canceled. It became a Father-son camping weekend. Everyone had a blast.

Manchester Road Race Goes Virtual

MRR Officials Rate This Year's Road Race A Virtual Success

Saturday, November 28, 2020

Manchester Road Race organizers are rating this year's virtual road race as a virtual success.

Forced by the Covid-19 pandemic to scrap plans for an on-site run through the town's central streets on Thanksgiving morning, the road race committee staged a virtual road race instead. Entrants downloaded the GPS-enabled MRR app to their smart phones which allowed them to run the race at any location and upload their times to MRR officials.

The event, which was held between Nov. 19-25, attracted 2,135 registrants, the Manchester Road Race Committee announced today. Of that number, 1628 of the entrants were from Connecticut, and 479 participants were from 12 other states or territories. The Virtual Manchester Road Race also had competitors this year from Ireland, Great Britain, France, Germany, Australia, Canada and Singapore. There were 1749 finishers. Everyone who completed the 4.748-mile distance qualified as an official 2020 MRR finisher, and their effort will count toward longevity streaks.

Although no prizes were awarded this year, a number of elite athletes who had previously starred at Manchester Road Race entered the virtual road race. Eilish McColgan, a British Olympian and Scottish national record holder, ran the race in Dubai and was the fastest female competitor with a time of 25:15. McColgan placed fourth at the 2017 MRR and finished fifth here in 2016.

Two-time Olympic steeplechase finalist Donn Cabral who grew up in Glastonbury had the fastest overall performance. Cabral, who has had a number of top-10 Manchester placements that included a runner-up finish at the 2015 MRR, competed on a course in his home town and had a time of 23:00.

Chris Thompson, an elite athlete from Great Britain who won the silver medal in the 10,000 meters at the 2010 European Championships, had the VMRR's second fastest time. He was timed in 23:30. Thompson was followed in the standings by Mark Carroll, a two-time former Manchester winner and member of the MRR's storied "Irish Connection." Carroll, now 48 years old, won his age group and placed third overall with an eye catching 24:10 clocking. A complete list of all finishers will be published this weekend, race officials said.

"This wasn't the race we wanted to run this year, but it enabled us to offer a positive experience to our runners and fans, and to keep the spirit and tradition of the Manchester Road Race alive during this tragic health crisis," said Dr. Tris Carta, President of the Manchester Road Race. "We are very grateful to our runners, financial sponsors and volunteers for making this year's virtual road race a success, and we are already starting to think about next Thanksgiving, Carta added. "We hope to be back on Main Street in 2021 and make the 85th MRR the best one ever."

The principal financial sponsors of the Virtual Manchester Road Race were Pratt & Whitney and Eastern Connecticut Health Network (ECHN). Contributing sponsors were Henkel, Cigna, and USA Hauling and Recycling.

Carta also announced that there were 306 pints of blood collected at the MRR's annual "Ray Crother's Blood Drive, which the road race held in connection with the American Red Cross of Connecticut on Nov. 27th at Manchester High School. "The drive was exceptionally successful and we are extremely grateful to Lance Morgan of our committee who oversaw the effort and to everyone who donated blood and helped us hold the drive," Carta said. Race officials have been holding the blood drive since 1986 and in recent year's it has become one of the most successful single day blood collection efforts in the state.





DeMolay International is proud to have the support of the Tall Cedars of Lebanon of North America for two great awards that recognize our young men and local organizations for exemplary performance. Tall Cedars sponsorship of these awards helps make it possible for us to provide this recognition at no cost to our members or Chapters when these awards are earned.

The newest of the two awards is the Squire Honor Award which was created by our Supreme Council in June of 2019 as part of our work to improve the Order of Squires, our program for young men between the ages of 9 and 11. To earn this award, a young man has to engage with his Manor, become active in the community, and bring in new Squires. Focused on creating habits around active participation, the award helps reinforce the positive lessons of socialization and leadership that are taught in Squires' Manors.

Tall Cedars has also been a longtime partner with DeMolay for the Past Master Councilor's Meritorious Service Award. This award recognizes DeMolays who have served as their Chapter's Master Councilor and have planned and executed a well-rounded, effective term. This award is regarded as one of the best foundations for building a successful Chapter. It provides young men with a blueprint for how they can be a good leader in their Chapters. As any of us who have ever led a group know, it can be hard to know where to start sometimes. That challenge is magnified for a 14-year-old who is trying to lead a Chapter full of other teenagers or inject some energy into a Chapter that has been struggling. The PMC-MSA gives these young men a goal to aim for and provides them with concrete steps they can take as they learn to lead.

DeMolay International makes a huge impact on the lives of its members and their communities, and it is the support of partners like Tall Cedars that makes all of this work possible. Your support goes a long way toward allowing us to continue the important work of building young men into better leaders and better men.

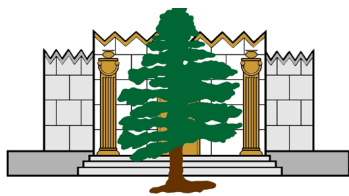
The support for the young men of DeMolay from Tall Cedars is one of the many reasons why I am proud to be a Senior DeMolay, a recipient of the PMC-MSA, and a member of Indiana Forest No. 189 in Indianapolis, IN. Tall Cedars are an important part of the Masonic Family, and this organization does incredible work with Muscular Dystrophy. DeMolay is proud to have your support alongside such an important cause. Your support is helping to change the lives of young men all over the world by helping them to gain confidence and leadership skills that will help them to be successful throughout their lives.



Jake Vermeulen - Senior DeMolay
PMC-MSA Recipient
Indiana Forest No. 189 in Indianapolis, IN



Scholarship Application



**SUPREME FOREST
OF THE
TALL CEDARS OF LEBANON
OF NORTH AMERICA**
Established 1902

Email: tclsf@verizon.net • Website: www.tallcedars.org • Our Charity – Muscular Dystrophy Research

4309 Linglestown Road, Suite 116 • Harrisburg, PA 17112 • (717) 232-5991 • FAX (717) 232-5997

Criteria for Scholarship

The Tall Cedars of Lebanon of North America will award Five \$1,000 Scholarships for a one-year period according to the following criteria.

A. Awarded annually to a member in good standing of a Job's Daughters Bethel, a Rainbow Assembly, or DeMolay Chapter in a state where a Tall Cedar Forest exists, or be the son, daughter, grandson, or granddaughter of a Tall Cedar in good standing. Previous recipients are not eligible. The states where Tall Cedar Forests are located are as follows:

Connecticut	Maryland	Ohio
Delaware	Massachusetts	Pennsylvania
Florida	Michigan	South Carolina
Georgia	Missouri	Tennessee
Illinois	New Jersey	Virginia
Indiana	New York	West Virginia

B Each candidate must:

1. be accepted at an accredited institution in any Associate Degree, Baccalaureate Degree, Technical or Vocation Program.
2. plan to attend on a full-time basis.
3. be of sterling character and personal integrity.
4. provide not more than four letters of recommendation. The letters must be from teachers, counselors, ministers, advisors of Masonic organizations, civic leaders, or heads of volunteer organizations in which the applicant is active. Attach all information to the application.
5. submit an official school transcript.

C Deadline for applications is March 1st, with the awards being made in April or May.

D All scholarship monies will be paid directly to the applicant's college, university, technical or vocational school on the student's behalf

2020 Cash Giveaway Winners List



Prize No.	Ticket	Cash Prize	Name	Selling Forest No.
01	4774	\$810.00	Joe Fletcher	21
02	3307	\$385.00	M Dayson	50
03	6843	\$630.00	Evelyn Kolva	125
04	5462	\$250.00	Dawn Bohensky	125
05	3594	\$720.00	Micheal N. Kostichale	50
06	2930	\$565.00	Evergreen Forest No. 49	49
07	3625	\$430.00	Larry Carbaugh	50
08	5305	\$380.00	Gerry Bucko	43
09	6600	\$250.00	Dr Drywall	125
10	4652	\$765.00	Jeff Henning	25
11	4609	\$630.00	Kathy Bach	25
12	2947	\$400.00	Mike Youse	49
13	6526	\$495.00	Woody Stroud	125
14	4729	\$250.00	Don Grein	205
15	2286	\$380.00	Peggy Jeffries	49
16	6686	\$270.00	Randy Etzweiler	125
17	7625	\$360.00	Selina Klinger	210

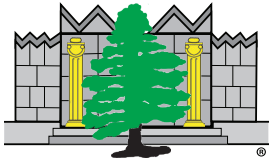
18	3815	\$430.00	J. Poticher	50
19	3088	\$250.00	Ed Foster	160
20	5469	\$385.00	Autumn Walden	125
21	5297	\$630.00	Russel Urffer	43
22	6767	\$450.00	Diamond Jubilee Memorial	125
23	7750	\$340.00	Shirl Asbeil	126
24	7822	\$500.00	David Teel	142
25	4683	\$250.00	Allen Klinger	25
26	7965	\$810.00	Sue Becker	13
27	3080	\$250.00	Don Fox	160
28	3802	\$430.00	Scott Barry	50
29	2492	\$565.00	Amanda Teter	32
30	4039	\$765.00	Marci Bonner	50
31	4013	\$495.00	Susan Powis	50
32	7699	\$630.00	D Mickley	210
33	3097	\$250.00	Bob Ruff	160
34	3689	\$400.00	Ginger Mervine	50
35	2110	\$360.00	Joshua Brown	95
36	3474	\$565.00	Missy Koch	50
37	5521	\$765.00	Chad Whitman	125
38	5803	\$250.00	E.K. Null	125
39	5487	\$430.00	Brian Shoop	125
40	3390	\$720.00	David Keppenhauer	50
41	3179	\$630.00	Harold Cherrix	49
42	3182	\$360.00	Bob Polander	149
43	6615	\$450.00	Hailey Etzweiler	125
44	3202	\$250.00	Lee Bohard	50
45	6881	\$720.00	Angela Mattern	125
46	5543	\$400.00	Kendra Lebo	125
47	3407	\$270.00	Charles Evens	
48	6798	\$360.00	David R. Deff	125
49	6654	\$250.00	Rick Herb	125
50	3846	\$450.00	Mike & Rosie Adams	50
51	2927	\$540.00	Evergreen Forest No. 49	49
52	6252	\$250.00	Earl R Etzweiler	125
Grand Prize	5213	\$2,000.00	John Fogelsonger	43

Proposed 2021 Budget

Income	
Membership Fees	\$128,000
Management Fees	\$2,000
Publication Fees	\$500
Sales	\$3,000
TCL Functions	\$30,000
Interest Income	\$30,000
TCF Fees	\$0
Miscellaneous	\$500
Total	\$194,000
Expenses	
Administrative Operations	\$45,000
Building	\$20,000
Appointed Officers	\$2,000
District Deputies	\$4,000
Committees	\$2,000
Elected Officers	\$22,500
Office	\$20,000
Public Relations	\$12,500
Publications	\$30,000
Purchases for Resale	\$2,000
TCL Functions	\$30,000
Miscellaneous	\$2,000
Total	\$192,000
Net Income/Loss	\$2,000

Supreme Forest Officers and Board of Directors

Supreme Tall Cedar	J. Eric Becker, PGTC No. 13
Senior Deputy Supreme Tall Cedar	Joseph S. Russell, PGTC No. 212
Junior Deputy Supreme Tall Cedar	David W. Manter, Sr., PGTC No. 124
Supreme Scribe	Robert T. Hahn, GTC No. 61
Supreme Treasurer	Brian K. Van Scyoc, PGTC No. 145
Supreme Director Region 1	Alex J. Dueñas,, PGTC No. 66
Supreme Director Region 2	Michael A. Youse, PGTC No. 49
Supreme Director Region 3	James O. Walmer, PGTC No. 43
Supreme Director Region 4	Steven L. Gee, PGTC No. 210
Supreme Director Region 5	Paul L. Wolf, PGTC No. 14
Supreme Director Region 6	Robert M. Polander, Jr., PGTC No. 149
Supreme Director Region 7	Duane J. Vanone, PGTC No. 172
Supreme Director Region 8	Irwin R. Hopkins, PGTC No. 205
Supreme Director Region 9	B. Christy Blaine, Jr., PGTC No. 21
Supreme Director Region 10	James R. Marion, PGTC No. 20
Supreme Director Region 11	William L. Greene, PGM, PGTC No. 130
Ex Officio Board Member	William W. Martz, PGTC No. 95



PETITION FOR INITIATION AND MEMBERSHIP

_____ Forest No. _____

I hereby declare that I am a member in good standing of a duly chartered Masonic Lodge, am vouched for as having the necessary qualifications and am desirous of providing service to this Forest of the Tall Cedars of Lebanon, hereby offer myself as a candidate for the mysteries of the Order.

I further declare that I have never previously applied for the degree of Tall Cedar, nor have I, to my knowledge, been elected or rejected by any Forest of the Tall Cedars of Lebanon.

If found eligible, I promise to cheerfully conform to all the established usages, customs, regulations and the Constitution, By-laws, and edicts of the Supreme Forest together with those of this Forest.

Name in full (print) _____

First

Middle

Last

Place of residence _____

Telephone Nos. (Home) _____ (Cell) _____ (Work) _____

E-Mail: _____

Date of Birth _____ Place of Birth _____

Marital Status _____ Wife's name _____ Occupation _____

Name & Address of Employer _____

Master Mason Initiation Date: _____ I am a Master Mason and now a member of _____

Lodge No. _____, located at _____, State of _____

The fee of \$ _____ accompanies this petition. Hat Size _____ Signature _____

(sign name in full, no initials)

I usually sign my name thus _____ Dated at _____, this _____ day of _____, 20 _____

VOUCHER CERTIFICATE

We hereby certify that we are well acquainted with the petitioner, that we have read the answers to the questions contained in the petition and believe them to be true and that each of us believes the petitioner to be morally qualified, of good character, and under the tongue of good repute and we cheerfully recommend him.

_____ Forest No. _____ Address _____

Signature

_____ Forest No. _____ Address _____

Signature

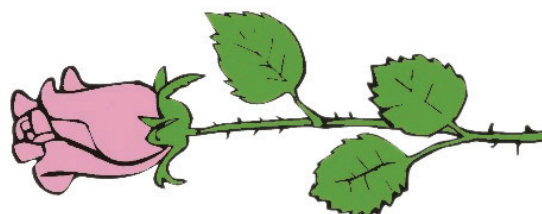
This petition must be in the Scribe's hand _____ days preceding Ceremonial, including initiation fee.

Pyramid and Annual Dues Payable at Ceremonial - Initiation Fee \$ _____ - Pyramid \$ _____ - Annual Dues \$ _____

Make checks payable to _____ Forest No. _____ Tall Cedars of Lebanon.

Supreme Forest Tall Cedars of Lebanon Of N.A.
4309 Linglestown Road, Suite 116
Harrisburg, PA 17112

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The History of The Tall Cedar Rose

The main objective of the Tall Cedars is the fight against muscular dystrophy. One of our many fund-raising projects is the Rose Program. In 1979, the Rose Program was instituted as a new fundraiser for the Tall Cedars by Essex Forest No. 8. "Roses Against Muscular Dystrophy!" was accepted as a national program and offered for a donation on street corners and at special affairs of the Forests. This program remains much the same today.

Over the years, the Rose has become the signature of a Tall Cedar, and the Tall Cedars' purpose to find a cure for muscular dystrophy. We wear the rose as a reminder of our commitment to be there for the kids to the end.

So, be proud when you wear this rose and join in the fun, frolic and fellowship of Tall Cedarism and the fight against muscular dystrophy.